







24,		, 1500m		, 13 - 14		R.T			
14.	,	2008	II	2		<b>18:14.90</b>	464	1	
15.	,	2007	II	3		<b>18:18.48</b>	460	2	
		25m: 14.92	14.92	400m: 4:44.04	18.28	775m: 9:17.79	18.60	1150m: 14:00.68	19.12
		50m: 31.29	16.37	425m: 5:02.28	18.24	800m: 9:36.36	18.57	1175m: 14:19.63	18.95
		75m: 48.32	17.03	450m: 5:20.72	18.44	825m: 9:55.05	18.69	1200m: 14:38.85	19.22
		100m: 1:05.97	17.65	475m: 5:38.92	18.20	850m: 10:13.66	18.61	1225m: 14:57.32	18.47
		125m: 1:24.04	18.07	500m: 5:57.09	18.17	875m: 10:32.41	18.75	1250m: 15:16.90	19.58
		150m: 1:42.49	18.45	525m: 6:15.44	18.35	900m: 10:51.45	19.04	1275m: 15:35.24	18.34
		175m: 2:00.38	17.89	550m: 6:32.79	17.35	925m: 11:10.06	18.61	1300m: 15:54.21	18.97
		200m: 2:18.60	18.22	575m: 6:50.68	17.89	950m: 11:29.21	19.15	1325m: 16:12.92	18.71
		225m: 2:37.18	18.58	600m: 7:09.12	18.44	975m: 11:47.84	18.63	1350m: 16:32.42	19.50
		250m: 2:55.67	18.49	625m: 7:27.54	18.42	1000m: 12:07.00	19.16	1375m: 16:51.12	18.70
		275m: 3:13.26	17.59	650m: 7:46.17	18.63	1025m: 12:25.69	18.69	1400m: 17:09.44	18.32
		300m: 3:31.47	18.21	675m: 8:04.44	18.27	1050m: 12:44.91	19.22	1425m: 17:27.47	18.03
		325m: 3:49.64	18.17	700m: 8:22.47	18.03	1075m: 13:03.79	18.88	1450m: 17:46.23	18.76
		350m: 4:08.23	18.59	725m: 8:40.76	18.29	1100m: 13:22.88	19.09	1475m: 18:03.51	17.28
		375m: 4:25.76	17.53	750m: 8:59.19	18.43	1125m: 13:41.56	18.68	1500m: 18:18.48	14.97
16.	,	2007	II	1		<b>18:24.64</b>	452	2	
17.	,	2007	II	2		<b>18:24.77</b>	452	2	
18.	,	2007	II	2		<b>18:42.24</b>	431	2	
19.	,	2007	II	1		<b>18:47.45</b>	425	2	
20.	,	2007	II			<b>18:52.00</b>	420	2	
21.	,	2008	II	1		<b>18:56.84</b>	415	2	
22.	,	2007	II			<b>19:12.42</b>	398	2	
23.	,	2008	II	1		<b>19:20.20</b>	390	2	
24.	,	2008	II	2		<b>19:23.83</b>	386	2	
25.	,	2008	II	3		<b>19:49.51</b>	362	2	
26.	,	2008	II	3		<b>20:26.11</b>	330	2	
DSQ	,	2008	I	2		<b>17:17.68</b>		1	
		25m: 14.76	14.76	400m: 4:30.08	17.66	775m: 8:56.70	17.64	1150m: 13:17.85	17.36
		50m: 30.72	15.96	425m: 4:47.72	17.64	800m: 9:14.37	17.67	1175m: 13:35.06	17.21
		75m: 46.86	16.14	450m: 5:05.38	17.66	825m: 9:31.62	17.25	1200m: 13:52.64	17.58
		100m: 1:03.35	16.49	475m: 5:22.85	17.47	850m: 9:49.17	17.55	1225m: 14:10.07	17.43
		125m: 1:19.91	16.56	500m: 5:40.94	18.09	875m: 10:06.73	17.56	1250m: 14:27.45	17.38
		150m: 1:37.00	17.09	525m: 5:58.88	17.94	900m: 10:24.10	17.37	1275m: 14:44.57	17.12
		175m: 1:54.04	17.04	550m: 6:16.73	17.85	925m: 10:41.13	17.03	1300m: 15:02.38	17.81
		200m: 2:11.23	17.19	575m: 6:34.48	17.75	950m: 10:58.31	17.18	1325m: 15:19.59	17.21
		225m: 2:28.32	17.09	600m: 6:52.18	17.70	975m: 11:15.92	17.61	1350m: 15:37.20	17.61
		250m: 2:45.60	17.28	625m: 7:09.94	17.76	1000m: 11:33.38	17.46	1375m: 15:54.84	17.64
		275m: 3:03.09	17.49	650m: 7:27.84	17.90	1025m: 11:50.70	17.32	1400m: 16:12.44	17.60
		300m: 3:20.93	17.84	675m: 7:45.57	17.73	1050m: 12:08.25	17.55	1425m: 16:29.15	16.71
		325m: 3:37.91	16.98	700m: 8:03.39	17.82	1075m: 12:25.66	17.41	1450m: 16:45.72	16.57
		350m: 3:55.09	17.18	725m: 8:21.11	17.72	1100m: 12:43.32	17.66	1475m: 17:01.85	16.13
		375m: 4:12.42	17.33	750m: 8:39.06	17.95	1125m: 13:00.49	17.17	1500m: 17:17.68	15.83
DSQ	,	2008	2	1		<b>18:46.50</b>		2	