

37				, 400m				2009	
23.06.2022 - 11:29									
: FINA 2021									
/ R.T									
1.			2006		1	+0,70	4:34.79	637	
	50m:	31.18	31.18	150m:	1:39.47	34.61	250m:	2:49.55	35.20
	100m:	1:04.86	33.68	200m:	2:14.35	34.88	300m:	3:24.80	35.25
							350m:	4:00.61	35.81
							400m:	4:34.79	34.18
2.			2007		3	+0,57	4:42.61	585	
	50m:	32.13	32.13	150m:	1:43.46	36.02	250m:	2:55.68	36.15
	100m:	1:07.44	35.31	200m:	2:19.53	36.07	300m:	3:32.16	36.48
							350m:	4:08.20	36.04
							400m:	4:42.61	34.41
3.			2008			+0,77	4:43.10	582	
	50m:	32.81	32.81	150m:	1:44.82	36.18	250m:	2:57.36	36.37
	100m:	1:08.64	35.83	200m:	2:20.99	36.17	300m:	3:33.69	36.33
							350m:	4:09.15	35.46
							400m:	4:43.10	33.95
4.			2006		2	+0,73	4:44.91	571	1
	50m:	32.08	32.08	150m:	1:43.10	36.00	250m:	2:56.29	36.55
	100m:	1:07.10	35.02	200m:	2:19.74	36.64	300m:	3:32.95	36.66
							350m:	4:09.48	36.53
							400m:	4:44.91	35.43
5.			2007		2	+0,71	4:45.24	569	1
	50m:	32.61	32.61	150m:	1:45.05		250m:	2:58.22	
	100m:	3:34.12	3:01.51	200m:	4:45.43	3:00.38	350m:	4:10.22	1:12.00
							400m:	4:45.24	35.02
6.			2009	1	3	+0,73	4:50.04	541	1
	50m:	33.36	33.36	150m:	1:46.51	37.41	250m:	3:00.91	37.33
	100m:	1:09.10	35.74	200m:	2:23.58	37.07	300m:	3:38.45	37.54
							350m:	4:14.64	36.19
							400m:	4:50.04	35.40
7.			2008	1		+0,81	4:50.89	537	1
	50m:	33.56	33.56	150m:	1:46.27	36.61	250m:	3:00.63	37.19
	100m:	1:09.66	36.10	200m:	2:23.44	37.17	300m:	3:38.39	37.76
							350m:	4:15.13	36.74
							400m:	4:50.89	35.76
8.			2008			+0,77	4:51.01	536	1
	50m:	33.21	33.21	150m:	1:46.48	36.98	250m:	3:00.57	36.98
	100m:	1:09.50	36.29	200m:	2:23.59	37.11	300m:	3:37.84	37.27
							350m:	4:14.86	37.02
							400m:	4:51.01	36.15
9.			2008	1		+0,77	4:53.41	523	1
	50m:	33.37	33.37	150m:	1:46.42	37.13	250m:	3:01.16	37.52
	100m:	1:09.29	35.92	200m:	2:23.64	37.22	300m:	3:39.25	38.09
							350m:	4:17.03	37.78
							400m:	4:53.41	36.38
10.			2007		3	+0,73	4:53.75	521	1
	50m:	32.49	32.49	150m:	1:45.47	37.08	250m:	3:00.68	37.80
	100m:	1:08.39	35.90	200m:	2:22.88	37.41	300m:	3:38.64	37.96
							350m:	4:16.86	38.22
							400m:	4:53.75	36.89
11.			2007				4:54.70	516	1
	50m:	33.00	33.00	150m:	1:44.68	36.21	250m:	2:59.41	37.61
	100m:	1:08.47	35.47	200m:	2:21.80	37.12	300m:	3:38.31	38.90
							350m:	4:15.90	37.59
							400m:	4:54.70	38.80
12.			2009	1		+0,70	4:55.09	514	1
	50m:	33.10	33.10	150m:	1:46.65	37.33	250m:	3:02.36	38.06
	100m:	1:09.32	36.22	200m:	2:24.30	37.65	300m:	3:40.63	38.27
							350m:	4:18.75	38.12
							400m:	4:55.09	36.34
13.			2009	1			4:57.78	500	1
	50m:	33.88	33.88	150m:	1:48.92	37.57	250m:	3:05.00	38.22
	100m:	1:11.35	37.47	200m:	2:26.78	37.86	300m:	3:43.44	38.44
							350m:	4:21.57	38.13
							400m:	4:57.78	36.21
14.			2007			+0,65	4:59.12	494	1
	50m:	33.42	33.42	150m:	1:49.38	38.43	250m:	3:06.42	38.38
	100m:	1:10.95	37.53	200m:	2:28.04	38.66	300m:	3:44.94	38.52
							350m:	4:23.01	38.07
							400m:	4:59.12	36.11
15.			2009	1		+0,77	5:00.11	489	1
	50m:	34.09	34.09	150m:	1:51.17	38.99	250m:	3:07.90	38.32
	100m:	1:12.18	38.09	200m:	2:29.58	38.41	300m:	3:46.16	38.26
							350m:	4:24.09	37.93
							400m:	5:00.11	36.02
DNS			2008		2				