

38
05.06.2021 - 11:53

, 400m

15

: FINA 2021

								R.T.				
1.			2001		1			+0,64	4:13.57	653		
	50m:	28.34	28.34	150m:	1:31.85	32.00	250m:	2:37.09	32.94	350m:	3:41.62	31.79
	100m:	59.85	31.51	200m:	2:04.15	32.30	300m:	3:09.83	32.74	400m:	4:13.57	31.95
2.			1999		2			+0,69	4:24.72	574	1	
	50m:	29.58	29.58	150m:	1:38.05	34.73	250m:	2:47.50	34.75	350m:	3:53.21	32.35
	100m:	1:03.32	33.74	200m:	2:12.75	34.70	300m:	3:20.86	33.36	400m:	4:24.72	31.51
3.			2005		3			+0,68	4:25.06	572	1	
	50m:	29.55	29.55	150m:	1:36.43	33.32	250m:	2:45.71	35.02	350m:	3:52.53	32.71
	100m:	1:03.11	33.56	200m:	2:10.69	34.26	300m:	3:19.82	34.11	400m:	4:25.06	32.53
4.			2005		3			+0,74	4:25.16	571	1	
	50m:	30.67	30.67	150m:	1:38.14	34.32	250m:	2:45.27	33.91	350m:	3:53.55	34.37
	100m:	1:03.82	33.15	200m:	2:11.36	33.22	300m:	3:19.18	33.91	400m:	4:25.16	31.61
5.			2006	I	2			+0,70	4:26.46	563	1	
	50m:	29.32	29.32	150m:	1:35.59	34.00	250m:	2:44.82	34.92	350m:	3:54.03	34.71
	100m:	1:01.59	32.27	200m:	2:09.90	34.31	300m:	3:19.32	34.50	400m:	4:26.46	32.43
6.			2005	I	2			+0,81	4:26.48	563	1	
	50m:	30.66	30.66	150m:	1:38.03	34.03	250m:	2:45.79	33.86	350m:	3:54.11	34.39
	100m:	1:04.00	33.34	200m:	2:11.93	33.90	300m:	3:19.72	33.93	400m:	4:26.48	32.37
7.			2006	I				+0,63	4:28.99	547	1	
	50m:	29.98	29.98	150m:	1:37.70	34.17	250m:	2:45.65	34.26	350m:	3:54.55	34.65
	100m:	1:03.53	33.55	200m:	2:11.39	33.69	300m:	3:19.90	34.25	400m:	4:28.99	34.44
8.			2005	1	2			+0,81	4:32.88	524	1	
	50m:	30.77	30.77	150m:	1:40.18	35.38	250m:	2:51.01	35.39	350m:	3:59.33	32.48
	100m:	1:04.80	34.03	200m:	2:15.62	35.44	300m:	3:26.85	35.84	400m:	4:32.88	33.55
9.			2004	I				+0,74	4:34.97	512	2	
	50m:	31.40	31.40	150m:	1:40.71	34.92	250m:	2:51.95	35.88	350m:	4:02.13	35.00
	100m:	1:05.79	34.39	200m:	2:16.07	35.36	300m:	3:27.13	35.18	400m:	4:34.97	32.84
10.			2003		1			+0,75	4:35.03	512	2	
	50m:	30.21	30.21	150m:	1:36.02	33.25	250m:	2:45.09	34.65	350m:	3:59.16	36.94
	100m:	1:02.77	32.56	200m:	2:10.44	34.42	300m:	3:22.22	37.13	400m:	4:35.03	35.87
11.			2005	I				+0,63	4:35.73	508	2	
	50m:	30.75	30.75	150m:	1:40.80	35.50	250m:	2:52.23	36.37	350m:	4:02.38	34.79
	100m:	1:05.30	34.55	200m:	2:15.86	35.06	300m:	3:27.59	35.36	400m:	4:35.73	33.35
12.			2005	I				+0,76	4:36.33	505	2	
	50m:	30.16	30.16	150m:	1:40.37	36.03	250m:	2:51.97	35.83	350m:	4:03.23	35.62
	100m:	1:04.34	34.18	200m:	2:16.14	35.77	300m:	3:27.61	35.64	400m:	4:36.33	33.10
13.			2006	1	2			+0,71	4:38.83	491	2	
	50m:	31.03	31.03	150m:	1:40.12	35.11	250m:	2:52.74	36.86	350m:	4:04.37	35.32
	100m:	1:05.01	33.98	200m:	2:15.88	35.76	300m:	3:29.05	36.31	400m:	4:38.83	34.46
14.			2006	I				+0,68	4:41.00	480	2	
	50m:	31.10	31.10	150m:	1:42.05	36.32	250m:	2:54.62	36.07	350m:	4:07.24	35.92
	100m:	1:05.73	34.63	200m:	2:18.55	36.50	300m:	3:31.32	36.70	400m:	4:41.00	33.76
15.			2006	I				+0,83	4:50.56	434	2	
	50m:	30.99	30.99	150m:	1:43.30	37.55	250m:	2:59.66	38.46	350m:	4:14.17	36.28
	100m:	1:05.75	34.76	200m:	2:21.20	37.90	300m:	3:37.89	38.23	400m:	4:50.56	36.39

03-05 2021

38, , 400m

EXH			2006		4		+0,65	4:28.04	553	1		
	50m:	28.62	28.62	150m:	1:36.78	35.14	250m:	2:46.56	35.00	350m:	3:56.15	34.97
	100m:	1:01.64	33.02	200m:	2:11.56	34.78	300m:	3:21.18	34.62	400m:	4:28.04	31.89
EXH			2006	I			+0,72	4:42.08	474	2		
	50m:	29.82	29.82	150m:	1:39.46	35.67	250m:	2:52.25	36.41	350m:	4:06.51	37.44
	100m:	1:03.79	33.97	200m:	2:15.84	36.38	300m:	3:29.07	36.82	400m:	4:42.08	35.57