

37  
05.06.2021 - 11:30

, 400m

13

: FINA 2021

										R.T.			
1.			2004		4			+0,92	<b>4:34.58</b>	638			
	50m:	31.28	31.28	150m:	1:41.31	35.49	250m:	2:51.11	34.88	350m:	4:01.07	34.74	
	100m:	1:05.82	34.54	200m:	2:16.23	34.92	300m:	3:26.33	35.22	400m:	4:34.58	33.51	
2.			2006		1			+0,80	<b>4:39.95</b>	602			
	50m:	32.18	32.18	150m:	1:42.52	35.41	250m:	2:53.78	35.74	350m:	4:05.38	35.52	
	100m:	1:07.11	34.93	200m:	2:18.04	35.52	300m:	3:29.86	36.08	400m:	4:39.95	34.57	
3.			2008		4			+0,79	<b>4:40.32</b>	600			
	50m:	31.92	31.92	150m:	1:42.87	36.10	250m:	2:55.02	36.27	350m:	4:06.51	35.48	
	100m:	1:06.77	34.85	200m:	2:18.75	35.88	300m:	3:31.03	36.01	400m:	4:40.32	33.81	
4.			2007		2			+0,87	<b>4:41.86</b>	590			
	50m:	31.88	31.88	150m:	1:43.87	36.16	250m:	2:56.35	36.42	350m:	4:07.98	35.57	
	100m:	1:07.71	35.83	200m:	2:19.93	36.06	300m:	3:32.41	36.06	400m:	4:41.86	33.88	
5.			2006	1	2			+0,68	<b>4:53.56</b>	522	1		
	50m:	34.08	34.08	150m:	1:48.96	37.42	250m:	3:03.55	37.19	350m:	4:17.61	36.41	
	100m:	1:11.54	37.46	200m:	2:26.36	37.40	300m:	3:41.20	37.65	400m:	4:53.56	35.95	
6.			2006	1				+0,73	<b>4:54.16</b>	519	1		
	50m:	32.65	32.65	150m:	1:44.45	36.53	250m:	3:00.59	38.46	350m:	4:17.91	38.64	
	100m:	1:07.92	35.27	200m:	2:22.13	37.68	300m:	3:39.27	38.68	400m:	4:54.16	36.25	
7.			2005	1				+0,89	<b>4:55.18</b>	514	1		
	50m:	33.91	33.91	150m:	1:47.67	37.23	250m:	3:02.97	37.79	350m:	4:18.80	37.71	
	100m:	1:10.44	36.53	200m:	2:25.18	37.51	300m:	3:41.09	38.12	400m:	4:55.18	36.38	
8.			2007	1				+0,79	<b>4:55.44</b>	512	1		
	50m:	34.37	34.37	150m:	1:49.27	37.75	250m:	3:05.06	37.70	350m:	4:20.23	37.44	
	100m:	1:11.52	37.15	200m:	2:27.36	38.09	300m:	3:42.79	37.73	400m:	4:55.44	35.21	
9.			2004	1				+0,76	<b>4:55.54</b>	512	1		
	50m:	33.82	33.82	150m:	1:49.14	37.77	250m:	3:04.66	37.70	350m:	4:20.00	37.25	
	100m:	1:11.37	37.55	200m:	2:26.96	37.82	300m:	3:42.75	38.09	400m:	4:55.54	35.54	
10.			2008	1				+0,97	<b>4:55.85</b>	510	1		
	50m:	34.16	34.16	150m:	1:49.29	37.80	250m:	3:05.19	38.04	350m:	4:21.04	37.88	
	100m:	1:11.49	37.33	200m:	2:27.15	37.86	300m:	3:43.16	37.97	400m:	4:55.85	34.81	
11.			2002					+0,71	<b>4:56.71</b>	506	1		
	50m:	32.76	32.76	150m:	1:47.88	38.39	250m:	3:04.50	38.50	350m:	4:20.06	37.95	
	100m:	1:09.49	36.73	200m:	2:26.00	38.12	300m:	3:42.11	37.61	400m:	4:56.71	36.65	
12.			2006		1			+0,80	<b>4:56.99</b>	504	1		
	50m:	32.92	32.92	150m:	1:46.84	37.81	250m:	3:04.81	39.41	350m:	4:21.28	37.17	
	100m:	1:09.03	36.11	200m:	2:25.40	38.56	300m:	3:44.11	39.30	400m:	4:56.99	35.71	
13.			2008					+0,85	<b>4:57.05</b>	504	1		
	50m:	33.11	33.11	150m:	1:47.42	38.37	250m:	3:04.51	38.39	350m:	4:21.72	38.42	
	100m:	1:09.05	35.94	200m:	2:26.12	38.70	300m:	3:43.30	38.79	400m:	4:57.05	35.33	
14.			2005					+0,75	<b>4:58.78</b>	495	1		
	50m:	32.04	32.04	150m:	1:45.14	37.59	250m:	3:02.59	38.98	350m:	4:20.35	39.15	
	100m:	1:07.55	35.51	200m:	2:23.61	38.47	300m:	3:41.20	38.61	400m:	4:58.78	38.43	
15.			2005	1				+0,73	<b>4:59.02</b>	494	1		
	50m:	33.57	33.57	150m:	1:49.62	37.99	250m:	3:06.10	38.30	350m:	4:22.45	38.00	
	100m:	1:11.63	38.06	200m:	2:27.80	38.18	300m:	3:44.45	38.35	400m:	4:59.02	36.57	

37,		, 400m		, 13				R.T.				
16.				2008	I			+0,77	<b>5:00.52</b>	487 1		
	50m:	33.74	33.74	150m:	1:49.20	37.92	250m:	3:06.78	39.07	350m:	4:24.30	38.65
	100m:	1:11.28	37.54	200m:	2:27.71	38.51	300m:	3:45.65	38.87	400m:	5:00.52	36.22
17.				2008	1					<b>5:01.34</b>	483 1	
	50m:	33.86	33.86	150m:	1:49.45	38.06	250m:	3:07.75	39.71	350m:	4:24.45	38.19
	100m:	1:11.39	37.53	200m:	2:28.04	38.59	300m:	3:46.26	38.51	400m:	5:01.34	36.89
18.				2008	I			+0,63	<b>5:02.66</b>	476 2		
	50m:	34.14	34.14	150m:	1:49.65	38.19	250m:	3:07.95	39.50	350m:	4:25.44	38.62
	100m:	1:11.46	37.32	200m:	2:28.45	38.80	300m:	3:46.82	38.87	400m:	5:02.66	37.22
19.				2008	I			+0,67	<b>5:05.75</b>	462 2		
	50m:	33.85	33.85	150m:	1:52.16	39.74	250m:	3:09.79	39.09	350m:	4:28.64	39.93
	100m:	1:12.42	38.57	200m:	2:30.70	38.54	300m:	3:48.71	38.92	400m:	5:05.75	37.11
20.				2006	1			+0,72	<b>5:06.28</b>	460 2		
	50m:	33.86	33.86	150m:	1:50.57	39.03	250m:	3:09.78	39.75	350m:	4:29.02	39.22
	100m:	1:11.54	37.68	200m:	2:30.03	39.46	300m:	3:49.80	40.02	400m:	5:06.28	37.26
21.				2007				+0,69	<b>5:06.41</b>	459 2		
	50m:	34.42	34.42	150m:	1:52.91	39.93	250m:	3:11.44	39.03	350m:	4:29.72	39.13
	100m:	1:12.98	38.56	200m:	2:32.41	39.50	300m:	3:50.59	39.15	400m:	5:06.41	36.69
22.				2007			3	+0,77	<b>5:08.52</b>	450 2		
	50m:	34.68	34.68	150m:	1:53.28	39.98	250m:	3:12.82	39.71	350m:	4:31.25	38.84
	100m:	1:13.30	38.62	200m:	2:33.11	39.83	300m:	3:52.41	39.59	400m:	5:08.52	37.27
23.				2007	I		1	+0,84	<b>5:09.60</b>	445 2		
	50m:	33.58	33.58	150m:	1:50.81	39.60	250m:	3:10.60	40.09	350m:	4:31.30	40.38
	100m:	1:11.21	37.63	200m:	2:30.51	39.70	300m:	3:50.92	40.32	400m:	5:09.60	38.30
24.				2007	I		4	+0,86	<b>5:09.97</b>	443 2		
	50m:	34.72	34.72	150m:	1:51.44	38.59	250m:	3:11.45	40.20	350m:	4:30.68	39.51
	100m:	1:12.85	38.13	200m:	2:31.25	39.81	300m:	3:51.17	39.72	400m:	5:09.97	39.29