

26
28.01.2022 - 13:03

, 1500m

2007

: FINA 2021

		/				R.T			
1.		2000		-		16:57.79		626	
	50m: 30.29	30.29	450m: 4:59.74	34.17	850m: 9:34.24	34.60	1250m: 14:10.42	34.62	
	100m: 1:03.14	32.85	500m: 5:33.86	34.12	900m: 10:08.77	34.53	1300m: 14:44.96	34.54	
	150m: 1:36.46	33.32	550m: 6:08.21	34.35	950m: 10:43.30	34.53	1350m: 15:19.66	34.70	
	200m: 2:10.23	33.77	600m: 6:42.28	34.07	1000m: 11:17.77	34.47	1400m: 15:54.09	34.43	
	250m: 2:43.80	33.57	650m: 7:16.52	34.24	1050m: 11:52.43	34.66	1450m: 16:26.41	32.32	
	300m: 3:17.48	33.68	700m: 7:50.79	34.27	1100m: 12:26.85	34.42	1500m: 16:57.79	31.38	
	350m: 3:51.63	34.15	750m: 8:25.29	34.50	1150m: 13:01.18	34.33			
	400m: 4:25.57	33.94	800m: 8:59.64	34.35	1200m: 13:35.80	34.62			
2.		2006		2		17:00.56		621	
	50m: 30.66	30.66	450m: 5:03.08	34.92	850m: 9:38.52	34.59	1250m: 14:12.85	34.52	
	100m: 1:03.78	33.12	500m: 5:37.19	34.11	900m: 10:12.56	34.04	1300m: 14:47.35	34.50	
	150m: 1:37.67	33.89	550m: 6:11.75	34.56	950m: 10:46.93	34.37	1350m: 15:21.78	34.43	
	200m: 2:11.89	34.22	600m: 6:46.09	34.34	1000m: 11:21.30	34.37	1400m: 15:55.99	34.21	
	250m: 2:45.95	34.06	650m: 7:20.86	34.77	1050m: 11:55.61	34.31	1450m: 16:28.86	32.87	
	300m: 3:19.80	33.85	700m: 7:55.10	34.24	1100m: 12:29.78	34.17	1500m: 17:00.56	31.70	
	350m: 3:54.14	34.34	750m: 8:29.61	34.51	1150m: 13:04.05	34.27			
	400m: 4:28.16	34.02	800m: 9:03.93	34.32	1200m: 13:38.33	34.28			
3.		2006		4		17:21.11		585	
	50m: 30.78	30.78	450m: 5:07.73	35.09	850m: 9:48.92	35.16	1250m: 14:29.27	34.71	
	100m: 1:04.46	33.68	500m: 5:42.73	35.00	900m: 10:24.07	35.15	1300m: 15:03.99	34.72	
	150m: 1:38.90	34.44	550m: 6:17.71	34.98	950m: 10:59.07	35.00	1350m: 15:39.39	35.40	
	200m: 2:13.12	34.22	600m: 6:52.60	34.89	1000m: 11:34.07	35.00	1400m: 16:13.76	34.37	
	250m: 2:48.05	34.93	650m: 7:28.35	35.75	1050m: 12:09.48	35.41	1450m: 16:48.25	34.49	
	300m: 3:22.93	34.88	700m: 8:03.37	35.02	1100m: 12:44.36	34.88	1500m: 17:21.11	32.86	
	350m: 3:57.56	34.63	750m: 8:38.75	35.38	1150m: 13:19.87	35.51			
	400m: 4:32.64	35.08	800m: 9:13.76	35.01	1200m: 13:54.56	34.69			
4.		2007		1		17:58.65		526 1	
	50m: 31.47	31.47	450m: 5:15.94	36.52	850m: 10:05.87	36.14	1250m: 14:58.10	36.23	
	100m: 1:05.01	33.54	500m: 5:52.64	36.70	900m: 10:42.57	36.70	1300m: 15:35.10	37.00	
	150m: 1:39.79	34.78	550m: 6:29.63	36.99	950m: 11:19.18	36.61	1350m: 16:11.79	36.69	
	200m: 2:15.21	35.42	600m: 7:05.79	36.16	1000m: 11:54.49	35.31	1400m: 16:48.48	36.69	
	250m: 2:51.23	36.02	650m: 7:40.89	35.10	1050m: 12:31.65	37.16	1450m: 17:23.98	35.50	
	300m: 3:27.30	36.07	700m: 8:17.17	36.28	1100m: 13:08.68	37.03	1500m: 17:58.65	34.67	
	350m: 4:03.42	36.12	750m: 8:53.73	36.56	1150m: 13:45.59	36.91			
	400m: 4:39.42	36.00	800m: 9:29.73	36.00	1200m: 14:21.87	36.28			
5.		2007		1		18:09.73		510 1	
6.		2007		1		18:18.94		497 1	
	50m: 32.24	32.24	350m: 4:10.58		650m: 7:52.30		1050m: 12:48.11	1:13.40	
	100m: 3:33.67	3:01.43	400m: 10:57.77	6:47.19	700m: 14:39.40	6:47.10	1150m: 14:02.66	1:14.55	
	150m: 1:43.90		450m: 5:24.14		750m: 9:06.94		1250m: 15:16.45	1:13.79	
	200m: 7:15.34	5:31.44	500m: 12:11.45	6:47.31	800m: 18:19.38	9:12.44	1350m: 16:30.95	1:14.50	
	250m: 2:56.61		550m: 6:37.98		850m: 10:20.60		1450m: 17:44.99	1:14.04	
	300m: 9:44.25	6:47.64	600m: 13:25.31	6:47.33	950m: 11:34.71	1:14.11	1500m: 18:18.94	33.95	
7.		2005		1		18:25.51		489 1	
	50m: 31.36	31.36	450m: 5:19.37	37.26	850m: 10:17.61	37.45	1250m: 15:19.59	38.16	
	100m: 1:04.96	33.60	500m: 5:56.68	37.31	900m: 10:55.24	37.63	1300m: 15:57.13	37.54	
	150m: 1:40.06	35.10	550m: 6:34.06	37.38	950m: 11:32.39	37.15	1350m: 16:34.75	37.62	
	200m: 2:15.57	35.51	600m: 7:11.06	37.00	1000m: 12:09.65	37.26	1400m: 17:12.14	37.39	
	250m: 2:51.90	36.33	650m: 7:48.36	37.30	1050m: 12:47.96	38.31	1450m: 17:49.51	37.37	
	300m: 3:28.09	36.19	700m: 8:25.66	37.30	1100m: 13:25.46	37.50	1500m: 18:25.51	36.00	
	350m: 4:05.32	37.23	750m: 9:03.26	37.60	1150m: 14:03.29	37.83			
	400m: 4:42.11	36.79	800m: 9:40.16	36.90	1200m: 14:41.43	38.14			

26, , 1500m , 2007

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R.T

8.			2007	1				18:44.65	464	2		
	50m:	31.36	31.36	450m:	5:25.89	37.71	850m:	10:31.36	38.25	1250m:	15:36.96	38.23
	100m:	1:07.17	35.81	500m:	6:03.37	37.48	900m:	11:09.05	37.69	1300m:	16:15.05	38.09
	150m:	1:43.63	36.46	550m:	6:40.99	37.62	950m:	11:46.66	37.61	1350m:	16:52.67	37.62
	200m:	2:19.89	36.26	600m:	7:18.55	37.56	1000m:	12:24.62	37.96	1400m:	17:30.70	38.03
	250m:	2:57.31	37.42	650m:	7:57.22	38.67	1050m:	13:03.23	38.61	1450m:	18:08.15	37.45
	300m:	3:34.11	36.80	700m:	8:36.03	38.81	1100m:	13:42.03	38.80	1500m:	18:44.65	36.50
	350m:	4:10.97	36.86	750m:	9:14.01	37.98	1150m:	14:20.12	38.09			
	400m:	4:48.18	37.21	800m:	9:53.11	39.10	1200m:	14:58.73	38.61			
9.				1						20:01.99	380	2