

25 , 1500m 2009  
28.01.2022 - 12:23

: FINA 2021

		/				R.T						
1.		2006				<b>+0,69 18:22.61</b>		581				
	50m:	32.69	32.69	450m:	5:23.44	36.73	850m:	10:18.71	37.27	1250m:	15:18.14	37.55
	100m:	1:08.58	35.89	500m:	6:00.09	36.65	900m:	10:56.04	37.33	1300m:	15:55.73	37.59
	150m:	1:45.05	36.47	550m:	6:37.08	36.99	950m:	11:33.47	37.43	1350m:	16:33.27	37.54
	200m:	2:21.39	36.34	600m:	7:13.74	36.66	1000m:	12:11.01	37.54	1400m:	17:10.53	37.26
	250m:	2:57.80	36.41	650m:	7:50.65	36.91	1050m:	12:48.22	37.21	1450m:	17:47.24	36.71
	300m:	3:33.92	36.12	700m:	8:27.54	36.89	1100m:	13:25.72	37.50	1500m:	18:22.61	35.37
	350m:	4:10.16	36.24	750m:	9:04.51	36.97	1150m:	14:03.32	37.60			
	400m:	4:46.71	36.55	800m:	9:41.44	36.93	1200m:	14:40.59	37.27			
2.		2008				4		<b>+0,64 18:34.99</b>		562		
	50m:	32.72	32.72	450m:	5:26.00	37.19	850m:	10:28.75	37.87	1250m:	15:30.10	38.10
	100m:	1:08.72	36.00	500m:	6:03.64	37.64	900m:	11:06.33	37.58	1300m:	16:08.11	38.01
	150m:	1:45.47	36.75	550m:	6:41.31	37.67	950m:	11:43.66	37.33	1350m:	16:46.20	38.09
	200m:	2:22.18	36.71	600m:	7:19.19	37.88	1000m:	12:21.08	37.42	1400m:	17:24.00	37.80
	250m:	2:58.89	36.71	650m:	7:57.36	38.17	1050m:	12:58.60	37.52	1450m:	18:00.62	36.62
	300m:	3:35.32	36.43	700m:	8:35.01	37.65	1100m:	13:36.13	37.53	1500m:	18:34.99	34.37
	350m:	4:12.21	36.89	750m:	9:13.10	38.09	1150m:	14:13.98	37.85			
	400m:	4:48.81	36.60	800m:	9:50.88	37.78	1200m:	14:52.00	38.02			
3.		2007				3		<b>+0,63 18:49.73</b>		540		
	50m:	32.66	32.66	450m:	5:31.94	37.92	850m:	10:33.76	38.06	1250m:	15:39.90	38.37
	100m:	1:09.35	36.69	500m:	6:09.18	37.24	900m:	11:11.70	37.94	1300m:	16:18.63	38.73
	150m:	1:46.79	37.44	550m:	6:47.05	37.87	950m:	11:50.15	38.45	1350m:	16:56.95	38.32
	200m:	2:23.76	36.97	600m:	7:24.53	37.48	1000m:	12:28.35	38.20	1400m:	17:35.57	38.62
	250m:	3:01.27	37.51	650m:	8:02.21	37.68	1050m:	13:06.47	38.12	1450m:	18:13.51	37.94
	300m:	3:38.61	37.34	700m:	8:39.98	37.77	1100m:	13:44.37	37.90	1500m:	18:49.73	36.22
	350m:	4:16.45	37.84	750m:	9:18.15	38.17	1150m:	14:23.21	38.84			
	400m:	4:54.02	37.57	800m:	9:55.70	37.55	1200m:	15:01.53	38.32			
4.		2008				4		<b>+0,86 18:56.00</b>		531 1		
	50m:	33.82	33.82	450m:	5:37.12	38.46	850m:	10:44.15	38.11	1250m:	15:49.78	38.31
	100m:	1:10.69	36.87	500m:	6:15.45	38.33	900m:	11:22.59	38.44	1300m:	16:27.93	38.15
	150m:	1:48.41	37.72	550m:	6:54.19	38.74	950m:	12:00.86	38.27	1350m:	17:06.42	38.49
	200m:	2:26.37	37.96	600m:	7:32.49	38.30	1000m:	12:38.86	38.00	1400m:	17:43.86	37.44
	250m:	3:04.40	38.03	650m:	8:10.73	38.24	1050m:	13:16.91	38.05	1450m:	18:20.39	36.53
	300m:	3:42.47	38.07	700m:	8:49.38	38.65	1100m:	13:55.06	38.15	1500m:	18:56.00	35.61
	350m:	4:20.71	38.24	750m:	9:27.67	38.29	1150m:	14:33.26	38.20			
	400m:	4:58.66	37.95	800m:	10:06.04	38.37	1200m:	15:11.47	38.21			
5.		2008		I				<b>18:56.09</b>		531 1		
	50m:	33.88	33.88	350m:	4:22.09		800m:	11:22.69	1:54.90	1350m:	17:06.23	1:16.56
	100m:	1:11.21	37.33	400m:	7:33.26	3:11.17	850m:	10:44.30		1450m:	18:20.47	1:14.24
	150m:	1:49.13	37.92	450m:	5:38.55		950m:	12:00.84	1:16.54	1500m:	18:56.09	35.62
	200m:	3:43.83	1:54.70	550m:	6:54.89	1:16.34	1050m:	13:16.70	1:15.86			
	250m:	3:05.44		650m:	8:11.48	1:16.59	1150m:	14:33.27	1:16.57			
	300m:	6:16.67	3:11.23	750m:	9:27.79	1:16.31	1250m:	15:49.67	1:16.40			
6.		2008		I				<b>+0,72 19:28.49</b>		488 1		
	50m:	32.84	32.84	450m:	5:43.70	39.42	850m:	11:00.48	38.61	1250m:	16:15.73	39.63
	100m:	1:10.38	37.54	500m:	6:24.12	40.42	900m:	11:40.13	39.65	1300m:	16:55.43	39.70
	150m:	1:49.05	38.67	550m:	7:04.31	40.19	950m:	12:19.14	39.01	1350m:	17:34.62	39.19
	200m:	2:27.67	38.62	600m:	7:43.96	39.65	1000m:	12:58.86	39.72	1400m:	18:13.66	39.04
	250m:	3:06.51	38.84	650m:	8:22.62	38.66	1050m:	13:37.24	38.38	1450m:	18:52.45	38.79
	300m:	3:45.46	38.95	700m:	9:02.24	39.62	1100m:	14:16.82	39.58	1500m:	19:28.49	36.04
	350m:	4:24.91	39.45	750m:	9:41.38	39.14	1150m:	14:56.26	39.44			
	400m:	5:04.28	39.37	800m:	10:21.87	40.49	1200m:	15:36.10	39.84			

25,		, 1500m		, 2009				R.T			
7.				2009	I			<b>+0,82</b>	<b>19:34.32</b>	481 1	
	50m:	35.02	35.02	400m:	5:08.73	39.65	750m:	11:02.63	1:58.28	1100m:	15:41.36
	100m:	1:13.49	38.47	450m:	5:48.08	39.35	800m:	10:23.42		1150m:	18:57.24
	150m:	1:52.29	38.80	500m:	6:27.58	39.50	850m:	13:41.83	3:18.41	1200m:	17:00.08
	200m:	2:31.50	39.21	550m:	7:07.08	39.50	900m:	11:42.35		1300m:	18:18.84
	250m:	3:10.69	39.19	600m:	7:46.33	39.25	950m:	16:20.42	4:38.07	1500m:	19:34.32
	300m:	3:49.88	39.19	650m:	8:25.32	38.99	1000m:	14:21.36			1:15.48
	350m:	4:29.08	39.20	700m:	9:04.35	39.03	1050m:	17:39.53	3:18.17		
8.				2009	I			<b>+0,81</b>	<b>19:39.05</b>	475 1	
	50m:	35.53	35.53	450m:	5:51.81	39.81	850m:	11:10.94	39.44	1250m:	16:25.25
	100m:	1:14.55	39.02	500m:	6:31.63	39.82	900m:	11:50.05	39.11	1300m:	17:04.96
	150m:	1:53.84	39.29	550m:	7:12.28	40.65	950m:	12:30.07	40.02	1350m:	17:43.96
	200m:	2:33.24	39.40	600m:	7:52.08	39.80	1000m:	13:09.45	39.38	1400m:	18:23.29
	250m:	3:12.78	39.54	650m:	8:32.39	40.31	1050m:	13:48.97	39.52	1450m:	19:01.01
	300m:	3:52.40	39.62	700m:	9:11.79	39.40	1100m:	14:27.92	38.95	1500m:	19:39.05
	350m:	4:32.28	39.88	750m:	9:51.61	39.82	1150m:	15:07.16	39.24		38.04
	400m:	5:12.00	39.72	800m:	10:31.50	39.89	1200m:	15:46.27	39.11		
9.				2006	I		2	<b>+0,75</b>	<b>19:50.68</b>	462 1	
	50m:	35.15	35.15	450m:	5:47.73	39.45	850m:	11:09.63	40.15	1250m:	16:31.18
	100m:	1:13.16	38.01	500m:	6:28.11	40.38	900m:	11:48.69	39.06	1300m:	17:11.95
	150m:	1:51.76	38.60	550m:	7:08.03	39.92	950m:	12:28.90	40.21	1350m:	17:52.73
	200m:	2:30.09	38.33	600m:	7:47.62	39.59	1000m:	13:08.65	39.75	1400m:	18:33.23
	250m:	3:09.06	38.97	650m:	8:28.22	40.60	1050m:	13:48.70	40.05	1450m:	19:13.74
	300m:	3:48.59	39.53	700m:	9:08.14	39.92	1100m:	14:29.12	40.42	1500m:	19:50.68
	350m:	4:28.17	39.58	750m:	9:48.97	40.83	1150m:	15:09.81	40.69		36.94
	400m:	5:08.28	40.11	800m:	10:29.48	40.51	1200m:	15:50.17	40.36		
10.				2006	I					<b>20:12.20</b>	437 1
	50m:	35.73	35.73	450m:	5:53.60	40.79	850m:	11:16.98	42.19	1250m:	16:46.61
	100m:	1:14.46	38.73	500m:	6:32.84	39.24	900m:	11:58.97	41.99	1300m:	17:28.60
	150m:	1:54.38	39.92	550m:	7:13.25	40.41	950m:	12:38.40	39.43	1350m:	18:10.53
	200m:	2:34.05	39.67	600m:	7:52.77	39.52	1000m:	13:20.83	42.43	1400m:	18:52.81
	250m:	3:13.93	39.88	650m:	8:32.98	40.21	1050m:	14:01.73	40.90	1450m:	19:32.68
	300m:	3:53.19	39.26	700m:	9:12.47	39.49	1100m:	14:43.32	41.59	1500m:	20:12.20
	350m:	4:33.41	40.22	750m:	9:54.10	41.63	1150m:	15:24.32	41.00		39.52
	400m:	5:12.81	39.40	800m:	10:34.79	40.69	1200m:	16:05.38	41.06		
11.				2007	I		5	<b>+0,94</b>	<b>20:15.21</b>	434 1	
	50m:	36.56	36.56	450m:	5:54.21	39.64	850m:	11:18.83	40.21	1250m:	16:50.32
	100m:	1:15.33	38.77	500m:	6:35.43	41.22	900m:	11:59.68	40.85	1300m:	17:31.98
	150m:	1:54.56	39.23	550m:	7:15.20	39.77	950m:	12:40.48	40.80	1350m:	19:35.17
	200m:	2:34.57	40.01	600m:	7:56.35	41.15	1000m:	13:22.41	41.93	1400m:	18:54.64
	250m:	3:14.08	39.51	650m:	8:36.32	39.97	1050m:	14:03.35	40.94	1500m:	20:15.21
	300m:	3:53.91	39.83	700m:	9:16.95	40.63	1100m:	14:45.43	42.08		1:20.57
	350m:	4:33.54	39.63	750m:	9:57.64	40.69	1150m:	15:26.76	41.33		
	400m:	5:14.57	41.03	800m:	10:38.62	40.98	1200m:	16:08.58	41.82		
DSQ				2008	I			<b>+0,74</b>			
	50m:	34.61	34.61	250m:	3:10.59	39.43	450m:	5:48.10	39.81	650m:	8:25.56
	100m:	1:12.78	38.17	300m:	3:49.77	39.18	500m:	6:27.55	39.45		38.85
	150m:	1:51.84	39.06	350m:	4:29.20	39.43	550m:	7:07.43	39.88		
	200m:	2:31.16	39.32	400m:	5:08.29	39.09	600m:	7:46.71	39.28		