

39				, 400m				2009				
24.09.2022 - 12:25												
: FINA 2021												
/												
R.T.												
1.			2007		4		+0,72	4:25.51	683			
	25m:	14.02	14.02	125m:	1:18.33	16.40	225m:	2:26.54	17.32	325m:	3:35.47	17.23
	50m:	29.53	15.51	150m:	1:34.95	16.62	250m:	2:43.55	17.01	350m:	3:52.55	17.08
	75m:	45.62	16.09	175m:	1:52.06	17.11	275m:	3:00.93	17.38	375m:	4:09.23	16.68
	100m:	1:01.93	16.31	200m:	2:09.22	17.16	300m:	3:18.24	17.31	400m:	4:25.51	16.28
2.			2006		1		+0,79	4:27.78	666			
	25m:	14.47	14.47	125m:	1:18.64	16.23	225m:	2:26.18	17.17	325m:	3:35.81	17.55
	50m:	30.05	15.58	150m:	1:35.21	16.57	250m:	2:43.45	17.27	350m:	3:53.36	17.55
	75m:	46.08	16.03	175m:	1:51.92	16.71	275m:	3:00.78	17.33	375m:	4:10.63	17.27
	100m:	1:02.41	16.33	200m:	2:09.01	17.09	300m:	3:18.26	17.48	400m:	4:27.78	17.15
3.			2007		4		+0,81	4:31.44	640			
	25m:	14.83	14.83	150m:	1:38.94	34.54	300m:	3:23.70	35.37	400m:	4:31.44	15.97
	50m:	30.79	15.96	200m:	2:13.33	34.39	350m:	3:58.67	34.97			
	100m:	1:04.40	33.61	250m:	2:48.33	35.00	375m:	4:15.47	16.80			
4.			2007		3		+0,78	4:35.33	613			
	25m:	15.00	15.00	125m:	1:23.59	17.63	225m:	2:33.29	17.48	325m:	3:43.83	17.71
	50m:	31.57	16.57	150m:	1:40.84	17.25	250m:	2:50.85	17.56	350m:	4:01.43	17.60
	75m:	48.75	17.18	175m:	1:58.52	17.68	275m:	3:08.71	17.86	375m:	4:19.04	17.61
	100m:	1:05.96	17.21	200m:	2:15.81	17.29	300m:	3:26.12	17.41	400m:	4:35.33	16.29
5.			2008		4		+0,86	4:37.24	600			
	25m:	15.47	15.47	125m:	1:23.70	17.33	225m:	2:33.68	17.43	325m:	3:44.47	17.52
	50m:	31.82	16.35	150m:	1:41.13	17.43	250m:	2:51.31	17.63	350m:	4:02.31	17.84
	75m:	48.85	17.03	175m:	1:58.67	17.54	275m:	3:09.10	17.79	375m:	4:20.02	17.71
	100m:	1:06.37	17.52	200m:	2:16.25	17.58	300m:	3:26.95	17.85	400m:	4:37.24	17.22
6.			2007	1			+0,66	4:38.30	593	1		
	25m:	14.76	14.76	125m:	1:23.29	17.25	225m:	2:33.37	17.59	325m:	3:45.43	17.70
	50m:	31.51	16.75	150m:	1:40.70	17.41	250m:	2:51.30	17.93	350m:	4:03.59	18.16
	75m:	48.56	17.05	175m:	1:58.23	17.53	275m:	3:09.18	17.88	375m:	4:21.37	17.78
	100m:	1:06.04	17.48	200m:	2:15.78	17.55	300m:	3:27.73	18.55	400m:	4:38.30	16.93
7.			2006		5		+0,83	4:40.32	581	1		
	25m:	14.80	14.80	125m:	1:22.43	17.23	225m:	2:33.18	17.95	325m:	3:46.36	18.51
	50m:	30.84	16.04	150m:	1:40.01	17.58	250m:	2:51.29	18.11	350m:	4:04.47	18.11
	75m:	47.85	17.01	175m:	1:57.41	17.40	275m:	3:09.49	18.20	375m:	4:22.93	18.46
	100m:	1:05.20	17.35	200m:	2:15.23	17.82	300m:	3:27.85	18.36	400m:	4:40.32	17.39
8.			2009	1		3	+0,79	4:40.73	578	1		
	25m:	15.48	15.48	125m:	1:25.79	17.80	225m:	2:37.99	17.90	325m:	3:49.45	17.72
	50m:	32.67	17.19	150m:	1:43.98	18.19	250m:	2:55.97	17.98	350m:	4:06.85	17.40
	75m:	50.07	17.40	175m:	2:01.92	17.94	275m:	3:13.73	17.76	375m:	4:23.92	17.07
	100m:	1:07.99	17.92	200m:	2:20.09	18.17	300m:	3:31.73	18.00	400m:	4:40.73	16.81
9.			2006		2		+0,75	4:42.64	566	1		
	25m:	49.15	49.15	125m:	1:59.78	53.12	225m:	2:35.83	17.91	300m:	3:30.55	18.29
	50m:	32.06		150m:	1:42.14		250m:	2:54.25	18.42	350m:	4:07.07	36.52
	100m:	1:06.66	34.60	200m:	2:17.92	35.78	275m:	3:12.26	18.01	400m:	4:42.64	35.57
10.			2008		3		+0,84	4:42.86	565	1		
	25m:	15.31	15.31	125m:	1:25.58	17.98	225m:	2:37.30	17.82	325m:	3:49.54	18.20
	50m:	32.03	16.72	150m:	1:43.49	17.91	250m:	2:55.23	17.93	350m:	4:07.24	17.70
	75m:	49.71	17.68	175m:	2:01.61	18.12	275m:	3:13.25	18.02	375m:	4:25.11	17.87
	100m:	1:07.60	17.89	200m:	2:19.48	17.87	300m:	3:31.34	18.09	400m:	4:42.86	17.75

39, , 400m , 2009								R.T.				
11.			2009		2		+0,71	4:43.51	561 1			
	25m:	14.48	14.48	125m:	1:23.59	17.62	225m:	2:36.18	18.43	325m:	3:48.83	18.02
	50m:	31.17	16.69	150m:	1:41.67	18.08	250m:	2:54.30	18.12	350m:	4:07.59	18.76
	75m:	48.11	16.94	175m:	1:59.60	17.93	275m:	3:12.29	17.99	375m:	4:25.87	18.28
	100m:	1:05.97	17.86	200m:	2:17.75	18.15	300m:	3:30.81	18.52	400m:	4:43.51	17.64
12.			2007				+0,78	4:44.10	558 1			
	25m:	15.21	15.21	125m:	1:26.47	18.03	225m:	2:38.69	17.61	325m:	3:50.04	17.80
	50m:	32.57	17.36	150m:	1:44.88	18.41	250m:	2:56.61	17.92	350m:	4:08.20	18.16
	75m:	50.16	17.59	175m:	2:03.05	18.17	275m:	3:14.30	17.69	375m:	4:26.41	18.21
	100m:	1:08.44	18.28	200m:	2:21.08	18.03	300m:	3:32.24	17.94	400m:	4:44.10	17.69
13.			2008				+0,74	4:45.15	552 1			
	25m:	15.36	15.36	125m:	1:25.60	17.93	225m:	2:38.16	17.81	325m:	3:51.37	18.21
	50m:	32.33	16.97	150m:	1:43.78	18.18	250m:	2:56.48	18.32	350m:	4:09.77	18.40
	75m:	49.79	17.46	175m:	2:01.95	18.17	275m:	3:14.71	18.23	375m:	4:27.89	18.12
	100m:	1:07.67	17.88	200m:	2:20.35	18.40	300m:	3:33.16	18.45	400m:	4:45.15	17.26
14.			2009	1		4	+0,84	4:46.60	543 1			
	25m:	15.42	15.42	125m:	1:26.92	18.05	225m:	2:40.13	18.38	325m:	3:52.98	18.52
	50m:	32.93	17.51	150m:	1:45.19	18.27	250m:	2:58.60	18.47	350m:	4:11.37	18.39
	75m:	50.57	17.64	175m:	2:03.26	18.07	275m:	3:16.49	17.89	375m:	4:29.03	17.66
	100m:	1:08.87	18.30	200m:	2:21.75	18.49	300m:	3:34.46	17.97	400m:	4:46.60	17.57
15.			2009	1			+0,73	4:47.16	540 1			
	25m:	15.14	15.14	125m:	1:26.14	18.08	225m:	2:39.33	18.34	325m:	3:53.22	18.42
	50m:	32.26	17.12	150m:	1:44.38	18.24	250m:	2:57.81	18.48	350m:	4:11.69	18.47
	75m:	49.91	17.65	175m:	2:02.66	18.28	275m:	3:16.26	18.45	375m:	4:29.88	18.19
	100m:	1:08.06	18.15	200m:	2:20.99	18.33	300m:	3:34.80	18.54	400m:	4:47.16	17.28
16.			2009	1			+0,73	4:47.19	540 1			
	25m:	14.59	14.59	125m:	1:24.80	18.25	225m:	2:38.92	18.87	325m:	3:52.89	18.38
	50m:	31.18	16.59	150m:	1:43.16	18.36	250m:	2:57.34	18.42	350m:	4:11.39	18.50
	75m:	48.71	17.53	175m:	2:01.70	18.54	275m:	3:15.86	18.52	375m:	4:29.91	18.52
	100m:	1:06.55	17.84	200m:	2:20.05	18.35	300m:	3:34.51	18.65	400m:	4:47.19	17.28
17.			2008			4	+0,88	4:47.49	538 1			
	25m:	15.36	15.36	125m:	1:26.16	18.25	225m:	2:39.59	18.36	325m:	3:53.57	18.31
	50m:	32.40	17.04	150m:	1:44.44	18.28	250m:	2:58.16	18.57	350m:	4:12.09	18.52
	75m:	50.04	17.64	175m:	2:02.78	18.34	275m:	3:16.77	18.61	375m:	4:30.37	18.28
	100m:	1:07.91	17.87	200m:	2:21.23	18.45	300m:	3:35.26	18.49	400m:	4:47.49	17.12
18.			2008				+0,67	4:48.12	535 1			
	25m:	15.01	15.01	125m:	1:24.87	18.10	225m:	2:38.59	18.20	325m:	3:53.63	18.46
	50m:	31.53	16.52	150m:	1:43.22	18.35	250m:	2:57.64	19.05	350m:	4:11.88	18.25
	75m:	48.61	17.08	175m:	2:01.49	18.27	275m:	3:16.12	18.48	375m:	4:30.31	18.43
	100m:	1:06.77	18.16	200m:	2:20.39	18.90	300m:	3:35.17	19.05	400m:	4:48.12	17.81
19.			2004				+0,76	4:52.11	513 1			
	25m:	15.81	15.81	125m:	1:26.75	18.18	225m:	2:40.80	18.59	325m:	3:55.70	18.71
	50m:	32.94	17.13	150m:	1:45.10	18.35	250m:	2:59.49	18.69	350m:	4:14.50	18.80
	75m:	50.57	17.63	175m:	2:03.54	18.44	275m:	3:18.18	18.69	375m:	4:33.24	18.74
	100m:	1:08.57	18.00	200m:	2:22.21	18.67	300m:	3:36.99	18.81	400m:	4:52.11	18.87
20.			2008	1			+0,76	4:53.12	508 1			
	25m:	15.70	15.70	125m:	1:28.36	18.60	225m:	2:43.75	18.61	325m:	3:58.97	18.53
	50m:	32.94	17.24	150m:	1:47.29	18.93	250m:	3:02.70	18.95	350m:	4:17.89	18.92
	75m:	50.98	18.04	175m:	2:06.32	19.03	275m:	3:21.83	19.13	375m:	4:35.89	18.00
	100m:	1:09.76	18.78	200m:	2:25.14	18.82	300m:	3:40.44	18.61	400m:	4:53.12	17.23

39, , 400m , 2009								R.T.				
21.			2009	I		2		+0,73	4:53.93	504 1		
	25m:	15.30	15.30	125m:	1:28.82	18.82	225m:	2:43.85	18.96	325m:	3:58.89	18.92
	50m:	32.76	17.46	150m:	1:47.31	18.49	250m:	3:02.42	18.57	350m:	4:17.98	19.09
	75m:	51.23	18.47	175m:	2:06.09	18.78	275m:	3:21.26	18.84	375m:	4:36.49	18.51
	100m:	1:10.00	18.77	200m:	2:24.89	18.80	300m:	3:39.97	18.71	400m:	4:53.93	17.44
22.			2007	1				+0,74	4:54.20	502 1		
	25m:	15.16	15.16	125m:	1:29.13	19.02	225m:	2:44.88	18.63	325m:	3:59.95	18.41
	50m:	32.90	17.74	150m:	1:48.21	19.08	250m:	3:03.69	18.81	350m:	4:19.05	19.10
	75m:	51.23	18.33	175m:	2:07.49	19.28	275m:	3:22.64	18.95	375m:	4:37.05	18.00
	100m:	1:10.11	18.88	200m:	2:26.25	18.76	300m:	3:41.54	18.90	400m:	4:54.20	17.15
23.			2008					+0,74	4:56.18	492 2		
	25m:	15.35	15.35	125m:	1:26.74	18.63	225m:	2:42.83	18.95	325m:	3:59.57	19.07
	50m:	32.08	16.73	150m:	1:45.54	18.80	250m:	3:01.67	18.84	350m:	4:19.06	19.49
	75m:	49.74	17.66	175m:	2:04.26	18.72	275m:	3:21.42	19.75	375m:	4:38.81	19.75
	100m:	1:08.11	18.37	200m:	2:23.88	19.62	300m:	3:40.50	19.08	400m:	4:56.18	17.37
24.			2009	1				+0,78	4:57.36	486 2		
	25m:	15.78	15.78	125m:	1:28.54	18.54	225m:	2:44.31	18.75	325m:	4:01.09	19.12
	50m:	33.18	17.40	150m:	1:47.57	19.03	250m:	3:03.36	19.05	350m:	4:20.49	19.40
	75m:	51.42	18.24	175m:	2:06.68	19.11	275m:	3:22.63	19.27	375m:	4:39.70	19.21
	100m:	1:10.00	18.58	200m:	2:25.56	18.88	300m:	3:41.97	19.34	400m:	4:57.36	17.66
25.			2007	I		5		+0,83	4:58.56	480 2		
	25m:	15.73	15.73	125m:	1:28.08		225m:	2:43.69		400m:	4:58.56	18.50
	50m:	1:09.51	53.78	150m:	2:24.44	56.36	275m:	3:22.67	38.98			
	75m:	51.25		175m:	2:05.29		325m:	4:01.06	38.39			
	100m:	1:46.52	55.27	200m:	3:02.90	57.61	375m:	4:40.06	39.00			
26.			2006	I				+0,77	5:00.15	473 2		
	25m:	15.54	15.54	125m:	1:27.50	18.57	225m:	2:43.90	19.38	325m:	4:02.48	19.81
	50m:	32.81	17.27	150m:	1:46.21	18.71	250m:	3:03.31	19.41	350m:	4:22.47	19.99
	75m:	50.74	17.93	175m:	2:05.07	18.86	275m:	3:22.59	19.28	375m:	4:41.93	19.46
	100m:	1:08.93	18.19	200m:	2:24.52	19.45	300m:	3:42.67	20.08	400m:	5:00.15	18.22
DNS			2007			2						