

24		, 400m				2007						
23.09.2022 - 12:01												
: FINA 2021												
/				R.T.								
1.			2006		2		4:33.78 630					
	25m:	12.92	12.92	125m:	1:19.49	17.64	225m:	2:29.95	18.73	325m:	3:44.22	16.85
	50m:	28.56	15.64	150m:	1:36.89	17.40	250m:	2:48.81	18.86	350m:	4:00.59	16.37
	75m:	45.18	16.62	175m:	1:54.26	17.37	275m:	3:07.92	19.11	375m:	4:17.61	17.02
	100m:	1:01.85	16.67	200m:	2:11.22	16.96	300m:	3:27.37	19.45	400m:	4:33.78	16.17
2.			2006		4		+0,75 4:39.11 595					
	25m:	12.80	12.80	125m:	1:19.42	18.11	225m:	2:31.94	20.38	325m:	3:50.42	17.23
	50m:	28.44	15.64	150m:	1:36.90	17.48	250m:	2:52.31	20.37	350m:	4:07.55	17.13
	75m:	44.53	16.09	175m:	1:54.42	17.52	275m:	3:12.54	20.23	375m:	4:23.68	16.13
	100m:	1:01.31	16.78	200m:	2:11.56	17.14	300m:	3:33.19	20.65	400m:	4:39.11	15.43
3.			2007	I	7		+0,78 4:41.45 580					
	25m:	13.69	13.69	125m:	1:21.37	18.29	225m:	2:37.37	21.38	325m:	3:55.44	16.18
	50m:	29.60	15.91	150m:	1:39.58	18.21	250m:	2:57.87	20.50	350m:	4:11.14	15.70
	75m:	46.34	16.74	175m:	1:58.28	18.70	275m:	3:18.41	20.54	375m:	4:26.84	15.70
	100m:	1:03.08	16.74	200m:	2:15.99	17.71	300m:	3:39.26	20.85	400m:	4:41.45	14.61
4.			2006		3		+0,67 4:43.28 569					
	25m:	12.77	12.77	125m:	1:20.80	18.79	225m:	2:35.33	20.11	325m:	3:54.78	16.81
	50m:	28.55	15.78	150m:	1:38.83	18.03	250m:	2:56.15	20.82	350m:	4:11.11	16.33
	75m:	44.84	16.29	175m:	1:56.87	18.04	275m:	3:16.78	20.63	375m:	4:27.82	16.71
	100m:	1:02.01	17.17	200m:	2:15.22	18.35	300m:	3:37.97	21.19	400m:	4:43.28	15.46
5.			2006				+0,74 4:43.71 566					
	25m:	13.36	13.36	125m:	1:24.00	17.48	225m:	2:36.99	19.73	325m:	3:55.49	17.43
	50m:	29.61	16.25	150m:	1:41.63	17.63	250m:	2:57.72	20.73	350m:	4:12.08	16.59
	75m:	47.37	17.76	175m:	1:59.43	17.80	275m:	3:17.87	20.15	375m:	4:28.45	16.37
	100m:	1:06.52	19.15	200m:	2:17.26	17.83	300m:	3:38.06	20.19	400m:	4:43.71	15.26
6.			2006		2		+0,72 4:43.92 565					
	25m:	13.06	13.06	125m:	1:24.19	19.02	225m:	2:37.08	20.36	325m:	3:55.57	18.10
	50m:	29.14	16.08	150m:	1:41.69	17.50	250m:	2:56.94	19.86	350m:	4:11.89	16.32
	75m:	46.72	17.58	175m:	1:59.09	17.40	275m:	3:17.37	20.43	375m:	4:28.03	16.14
	100m:	1:05.17	18.45	200m:	2:16.72	17.63	300m:	3:37.47	20.10	400m:	4:43.92	15.89
7.			2007		5		+0,62 4:55.84 500 1					
	25m:	13.47	13.47	125m:	1:22.98	19.37	250m:	3:04.01	22.22	350m:	4:22.43	17.23
	50m:	29.47	16.00	150m:	2:19.56	56.58	275m:	3:25.95	21.94	375m:	4:39.62	17.19
	75m:	46.43	16.96	175m:	2:00.72		300m:	3:47.83	21.88	400m:	4:55.84	16.22
	100m:	1:03.61	17.18	225m:	2:41.79	41.07	325m:	4:05.20	17.37			
8.			2006	1			+0,80 4:59.72 480 1					
	25m:	13.96	13.96	125m:	1:23.84	18.77	225m:	2:44.53	24.37	325m:	4:07.52	17.77
	50m:	30.01	16.05	150m:	1:42.42	18.58	250m:	3:05.64	21.11	350m:	4:25.32	17.80
	75m:	47.35	17.34	175m:	2:01.42	19.00	275m:	3:27.84	22.20	375m:	4:43.57	18.25
	100m:	1:05.07	17.72	200m:	2:20.16	18.74	300m:	3:49.75	21.91	400m:	4:59.72	16.15
9.			2006	I			+0,64 5:01.26 473 1					
	25m:	13.74	13.74	125m:	1:26.37	20.46	225m:	2:45.51	20.79	325m:	4:07.28	18.41
	50m:	30.13	16.39	150m:	1:46.26	19.89	250m:	3:06.09	20.58	350m:	4:25.43	18.15
	75m:	47.70	17.57	175m:	2:05.84	19.58	275m:	3:27.43	21.34	375m:	4:43.91	18.48
	100m:	1:05.91	18.21	200m:	2:24.72	18.88	300m:	3:48.87	21.44	400m:	5:01.26	17.35
10.			2006	I			+0,73 5:04.12 460 1					
	25m:	13.55	13.55	125m:	1:25.56	20.48	225m:	2:44.93	22.07	325m:	4:11.15	19.40
	50m:	29.68	16.13	150m:	1:45.10	19.54	250m:	3:07.12	22.19	350m:	4:28.92	17.77
	75m:	46.90	17.22	175m:	2:04.21	19.11	275m:	3:29.52	22.40	375m:	4:47.17	18.25
	100m:	1:05.08	18.18	200m:	2:22.86	18.65	300m:	3:51.75	22.23	400m:	5:04.12	16.95

24,		, 400m				, 2007						
				/				R.T.				
11.	,	2006			.			+0,75	5:07.77	444 2		
	25m:	13.84	13.84	125m:	1:27.76	20.19	225m:	2:48.42	22.27	325m:	4:13.54	18.51
	50m:	30.38	16.54	150m:	1:47.23	19.47	250m:	3:10.36	21.94	350m:	4:31.72	18.18
	75m:	48.47	18.09	175m:	2:06.93	19.70	275m:	3:32.86	22.50	375m:	4:50.07	18.35
	100m:	1:07.57	19.10	200m:	2:26.15	19.22	300m:	3:55.03	22.17	400m:	5:07.77	17.70
12.	,	2007			.			+0,78	5:13.68	419 2		
	25m:	13.88	13.88	125m:	1:29.28	20.76	250m:	3:15.62	23.22	350m:	4:38.94	18.01
	50m:	31.26	17.38	150m:	1:49.35	20.07	275m:	3:38.75	23.13	375m:	4:56.57	17.63
	75m:	49.42	18.16	200m:	2:30.20	40.85	300m:	4:02.36	23.61	400m:	5:13.68	17.11
	100m:	1:08.52	19.10	225m:	2:52.40	22.20	325m:	4:20.93	18.57			
DSQ	,	2006			.							
DSQ	,	2006			.							